

FOR THOSE WORKING WITH CHILDREN

CONTINUING EDUCATION

THE REFLECTIVE PARENT

EDMUND SPRUNGER, MSW, LCSW

This series will focus on the book *The Reflective Parent: How to Do Less and Relate More with Your Kids*, by Regina Pally, MD. Through decades of experience practicing psychiatry and as the parent of three children, Pally realized the “right way” of doing things left even the most dedicated caregiver feeling discouraged and inadequate when real life doesn’t measure up. Pally presents an approach to successful parenting that focuses on learning to slow down, reflect, and recognize that parents have many worthwhile options. Pally synthesizes the latest neuroscience research to show how our brain’s natural tendencies to empathize, analyze, and connect with others are what is needed to be a good parent. Each chapter weaves together discussions of specific reflective parenting principles, and gives vivid examples of parents and children putting the principles into action to make this a highly readable, practical guide for anyone looking to build loving, lasting relationship with their kids. Mental health professionals, early childhood educators, and caregivers working with parents and/or children will find this accessible and engaging book helpful in fostering fortifying relationships with children.

Thursdays, Nov. 7, 14, 21, 2019 from 7:30 to 9 p.m.
at the St. Louis Psychoanalytic Institute
8820 Ladue Rd, St. Louis, Missouri 63124
\$75 (includes book), 4.5 Credit Hours for Early Childhood
Educators (must include your MOPD ID number at registration)

QUESTIONS



FOR MORE
INFORMATION
CONTACT US
(314)361-7075 EXT. 351
OR MARKETING@STLPI.ORG

REGISTER ONLINE AT:
WWW.STLPI.ORG/REGISTRATION/



4TH ANNUAL CHILD DEVELOPMENT CONFERENCE

GENDER+SEX+KIDS TODAY=CONFUSION

DONALD SPIVAK, MD

People who work with children are having to think about ways in which children develop and express their sense of gender. Parents and teachers have questions about why a child may choose to dress in clothes that don't conform to their birth sex or want to be called by a different name. Adults in the lives of these children wonder how to understand the child and support their development in ways that allow for creativity and successful management of conflicts and of differences. The responses to these concerns are not always obvious, but our understanding of gender and the variations in its expression throughout the life cycle has greatly expanded. We have come to understand much more about sexuality: how it develops, how it intersects with gender, and how it is expressed and used. This program is designed to offer clear, coherent, and current information on the development of sexual and gender identity, which will enable these adults to support development of the child and their sense of self-worth. Because these topics are accompanied by uncomfortable feelings, participants will be able to use the information presented to help alleviate their own anxieties along with enhancing their abilities to understand children and youth.

Presidents' Day February 17, 2020 from 8 a.m. to 3 p.m.
Ethical Society of St. Louis Auditorium
9001 Clayton Road, St. Louis, Missouri 63117
\$65 per person, 6.5 Credit Hours for Early Childhood Educators (must include your MOPD ID number at registration)

GROUP SUPERVISION

CHILD FOCUS GROUP

FOR LICENSED THERAPISTS

From a psychodynamic perspective any patient/ therapist pair undertake a complex process involving both conscious as well as unconscious forces in both participants. Social, cultural and reality factors add to the complexity of the interactions at cognitive, emotional, interpersonal and therapeutically responsive levels. The supervisor can assist the therapist in establishing a formulation of the core conflicts—both conscious and unconscious—presented by the patient. Participants in this program will be placed into groups of 3 or 4 therapists with an Institute Faculty member or Advanced Candidate as a supervisor.

16 Group Supervisory Sessions
Weekly, Date to be determined by each group
Fee: \$320 and Certificate of Participation Awarded Upon Completion