

Trauma-Informed Programming in Schools: TIPS



Tiny TIPS: About the Program



The Tiny TIPS Mission is to help early childhood care providers manage the emotional and behavioral consequences they will encounter when our tiniest children re-enter care settings in the midst of the COVID-19 pandemic. We seek to equip providers to recognize and respond to symptoms of distress and trauma in the youngest segment of our population. The Tiny TIPS program recognizes the toll that caring for children impacted by these stressors takes on care providers, and we seek to help staff be as prepared as possible, personally and professionally. The TinyTIPS offered within our workshop will help early-childhood educators foster healing and resilience for the children within their care and allow educators to continue the very important work of ensuring our youngest children are set-up to reach their full potential.

Program Components

- ◆ *Workshop content delivered by expert faculty from the Missouri Academy of Child Trauma Studies at UMSL.*
- ◆ *DHS approved Continuing Education Requirements*
- ◆ *Virtual site visits with MoACTS experts to incorporate trauma-sensitive strategies into participants' care settings (optional).*
- ◆ *Twice-monthly consultation groups will be offered to reinforce training content, conduct case consultation, and to strengthen educator peer support (optional).*
- ◆ *Attendance prizes and giveaways!*

We hope you will consider joining us for the Tiny TIPS workshop series (more info on the next page). The workshops are offered virtually to care providers in St. Louis County and are offered free due to generous funding from St. Louis County Cares.

Participants can choose from EITHER

- ◆ **A five-workshop series on Thursday evenings from 6:00-7:30pm (starting August 27th-September 24th) OR**
- ◆ **A two-Saturday series on August 29th (9:00-2:30) and September 12th (9:00-12:00).**

***** <https://bit.ly/TinyTIPS>***** We are accepting registration until Monday, August 17th.

Questions? Contact us at projecttips@umsl.edu or Amy Escott at 314-516-8308.

UMSL

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Tiny TIPS Workshop Topics

<i>The Core Components of Childhood Traumatic Stress</i>	<p><i>Educators will learn critical information regarding traumatic stress in early childhood, allowing them to better support trauma-exposed children, families and communities. The intersection between COVID-19 stress, other traumatic stresses, and provider wellbeing will be explored.</i></p> <p><i>Responding to Child Abuse</i></p>
<i>Responding to Child Abuse</i>	<p><i>Educators will learn the legal definitions of child abuse and neglect in Missouri, how to fulfill their duty as mandated reporters, and skills to respond to disclosures of maltreatment in a supportive manner without leading or influencing their words. This course will strengthen the early childhood providers' role as a community partner in protecting children.</i></p> <p><i>Catchphrase: Empowered to Protect</i></p>
<i>Screening, Triaging, and Referring Young Children.</i>	<p><i>Educators will be equipped to screen children for trauma-related needs, use a referral decision tree, and increase their knowledge of early childhood trauma referrals in the region.</i></p> <p><i>Catchphrase: Intervening Starts with Screening.</i></p>
<i>Promoting Regulated Classrooms</i>	<p><i>Educators will learn how regulating themselves helps to promote classroom regulation via trigger management strategies and activities to be used classroom-wide to promote regulation.</i></p> <p><i>Catchphrase: Educating Starts with Regulating</i></p>
<i>Bringing it together: Case integration</i>	<p><i>In this simulation workshop, educators will synthesize information from previous sessions to use problem-based learning to practice responding to a disclosure from a preschool-aged child.</i></p> <p><i>Catchphrase: Practicing to be Prepared</i></p>