



Parent Café

FREE VIRTUAL EVENT

3rd Wednesdays | January-March | 1:00 PM - 3:00 PM

*\$10 gift card
for attending!*

Cafés are hosted **by parents for parents**. They provide parents and caregivers a safe and welcoming space to connect and learn from each other. They are centered on the Strengthening Families™ Five Protective Factors:

RESILIENCE

Parent resilience

RELATIONSHIPS

Positive social connections

SUPPORT

Concrete support in times of need

KNOWLEDGE

Knowledge of parenting and child-development

COMMUNICATION

Social and emotional competence

Join us every
3rd Wednesday
of the month
for a Parent Café.

Current Series Theme:
New Growth Coming In

Contact Kayia Shelton to RSVP:
kshelton@visionforchildren.org or 314-534-6015 ext. 111.
Join here: <https://zoom.us/j/97053023252>



PACT-STL
Parents & Children Together ST. LOUIS